BEES				
	Monday	Tuesday		
Literacy	<ul> <li>Revision of sound 'g'. Watch the video 'Jolly Phonics (Group 3         <ul> <li>Letter "G")' <a href="https://www.youtube.com/watch?v=EJlqibssexg">https://www.youtube.com/watch?v=EJlqibssexg</a></li> </ul> </li> </ul>	From one book that you like, can you describe your favourite character. Is it a boy or a girl? Is it an animal? Maybe it's something from outer space?		
	<ul> <li>Choose a book and find words with the sounds /g/ or look around the house for words that contains the sound /g/.</li> </ul>			
Numeracy	<ul> <li>Count things up to 10 around the house or the garden, e.g.:</li> <li>1 colour pen, 2 spoons, 3 books, 4 stones, 5 leaves, etc.</li> </ul>	• Find 2D shapes around the house e.g. something with a circle shape, a square shape and a triangle shape. What other 2D shapes can you find?		
Health and Wellbeing	Active everyday activities. (See below)	<ul> <li>On your marks, get set, bake!</li> <li>I have added the recipe to bake banana bread but you can bake anything else that you like. (See below)</li> </ul>		



	Wednesday	Thursday
Literacy	Practice CVC words. I have attached a worksheet with some CVC words, please ask and adult to write them for you on a paper so you can practice writing. Remember to leave finger spaces between words. You can also practice writing them in sand or using plastic/magnetic letters.	<ul> <li>Revision of sound 'o'. Watch the video Jolly Phonics (Group 3 - Letter "O") <a href="https://www.youtube.com/watch?v=a5npjY6shll">https://www.youtube.com/watch?v=a5npjY6shll</a></li> <li>Choose a book and find words with the sounds /g/ or look around the house for words that contains the sound /g/.</li> </ul>
Numeracy	<ul> <li>Using counters or anything that you can use instead of counters do the following sums: 3+2, 1+3, 4+1, 2+2, 1+2</li> </ul>	<ul> <li>Look at the clock at home and complete the worksheet. (See below)</li> </ul>
Health and Wellbeing	Practice Yoga following this video <a href="https://www.youtube.com/watch?v=X655B4ISakg">https://www.youtube.com/watch?v=X655B4ISakg</a>	Remember to eat your 5 a day. What fruit have you eaten today? If you ate grapes, how many grapes you ate? If you ate an apple or pear, did you eat the whole apple or half of it?

### **ACTIVE EVERY DAY** (Activities found on internet)

Name	Equipment	Ages	Numbers
Mr Men	4 x Cones for Marked Area	5 - 7	Any

#### **Description:**

- You are now going to become the Mr Men or Little Miss characters. Ask an adult to call the name of a character and you have to move like him:
  - o Mr. Slow move slowly.
  - Mr. Rush = move fast.
  - o Mr. Jelly = shake your whole body.
  - Mr. Muddle = walk backwards.
  - o Mr. Bounce = bounce!
  - Mr. Small = crouch and move.
  - o Mr. Strong = move flexing your muscles.
  - o Mr. Tall = stretch up and move (good for stretching once the children's hearts are racing.)
  - o Mr. Tickle = wave around your arms in a crazy way.
  - o Mr. Happy = move around with big smiles on your face.

#### Safety Aspects:

• Look out for stationary objects on the floor within the marked area

### Variations:

Children can make up their own characters based in different adjectives

Name	Equipment	Ages	Numbers
Ball Skills	1 x Ball Per Person	All	Any

### **Description:**

- Stay within the marked area. Ask an adult or sibling to give you the rules, these being:
  - High = Ball thrown high
  - Low = Ball thrown low
  - Round = Ball rolled round the body
  - o Dribble = Player to move correctly with the ball (small kicks)
  - Bounce = Bounce the ball on the spot
  - o Bounce forward= Bounce the ball moving forward

<u>Safety</u>	Aspects:

Look out for stationary objects on the floor within the marked area

### Variations:

• Children can create their own instructions

## Activity 'Grow a seed' for Earth's Day

Let's join the charity 'Keep Scotland Beautiful' in their campaign 'Grow a seed'. Watch this video and get inspired!

https://www.youtube.com/watch?v=JP93mljckhA&feature=youtu.be

You can also follow their mantra:

#GrowASeed

Take a seed, any seed

Take a pot, any pot

Take some compost or soil

Take a seed, any seed (but a chickpea or a bean are

usually easier to grow)

Pop the seed in the soil

Add water

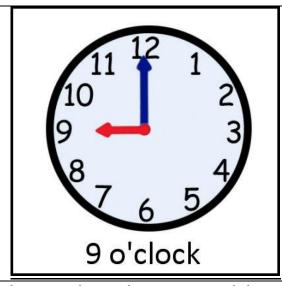
Wait, watch and nurture.

## Steps to follow:

- 1. Choose your seeds.
- 2. Fill half of your plant pot with soil.
- 3. Sprinkle your seed onto the soil.
- 4. Put more soil over the seeds.
- 5. Dampen the soil with a watering can.
- 6. Set your plant pot by a window for sunlight.
- 7. Water your seed regularly.
- 8. Soon your plant will start to grow.

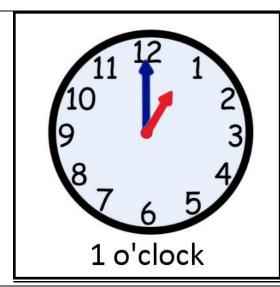


### **TIME**



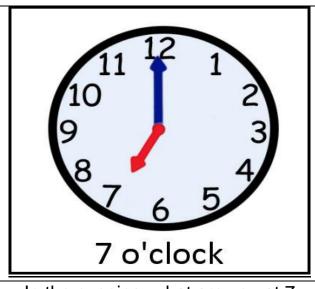
In the morning, what are you doing at 9 o'clock?

Draw a picture



In the afternoon, what are you doing at 1 o'clock?

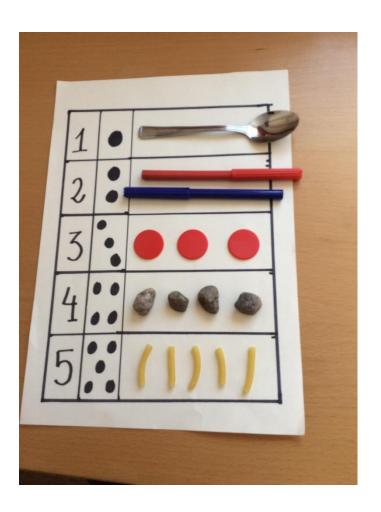
Draw a picture



In the evening, what are you at 7 o'clock?
Draw a picture

# **Numeracy**

Counting to 5 using different objects around the house. Look at this example, what can you find around the house to complete this worksheet?



# On your marks, get set, bake!



- 1. Heat oven to 180C/160C fan/gas 4.
- 2. Butter a 2lb loaf tin and line the base and sides with baking parchment.
- 3. Cream 100g softened butter and 100g caster sugar until light and fluffy, then slowly add 2 beaten large eggs with a little of the 240g flour.
- 4. Fold in the remaining flour, 1 tsp baking powder and 2 mashed bananas.
- 5. Pour into the tin and bake for about 30 mins until a skewer comes out clean.
- 6. Cool in the tin for 10 mins, then remove to a wire rack