



# Ladybirds and Butterflies



	Tuesday	Wednesday
Literacy	<ul style="list-style-type: none"> <li>Revision of sound 'qu'. Watch the video 'Geraldine the Giraffe learns the /qu/ sound'</li> <li><a href="https://www.youtube.com/watch?v=mYGGk0MH_xQ">https://www.youtube.com/watch?v=mYGGk0MH_xQ</a></li> <li>Activity 'Queen's Quiz' on Education city. (If you have access)</li> <li>Choose a book and find words with the sounds /qu/ or look around the house for words that contains the sound /qu/.</li> </ul>	<ul style="list-style-type: none"> <li>From one book that you like, can you describe your favourite character. Is it a boy or a girl? Is it an animal? Maybe it's something from outer space?</li> </ul>
Numeracy	<ul style="list-style-type: none"> <li>Practise number bonds to 10 using a tens frame. (See below)</li> </ul>	<ul style="list-style-type: none"> <li>Look at the clock at home and complete the worksheet. (See below)</li> </ul>
Health and Wellbeing	<ul style="list-style-type: none"> <li>Active everyday activities. (See below)</li> </ul>	<ul style="list-style-type: none"> <li>On your marks, get set, bake!</li> <li>I have added the recipe to bake banana bread but you can bake anything else that you like. (See below)</li> </ul>



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	Thursday	Friday
Literacy	<ul style="list-style-type: none"> <li>Write the correct sentence underneath by adding in capital letters, full stops and question marks. (See below)</li> </ul>	<ul style="list-style-type: none"> <li>Revision of sound 'ar'. Watch the video 'Geraldine the Giraffe learns the /ar/'</li> <li><a href="https://www.youtube.com/watch?v=QXBQDsgRuMo">https://www.youtube.com/watch?v=QXBQDsgRuMo</a></li> <li>Activity 'Farm market' on Education city. (If you have access)</li> <li>Choose a book and find words with the sounds /ar/ or look around the house for words that contains the sound /ar/.</li> </ul>
Numeracy	<ul style="list-style-type: none"> <li>Find 2D shapes around the house e.g. something with a circle shape, a square shape and a triangle shape. What other 2D shapes can you find?</li> </ul>	<ul style="list-style-type: none"> <li>Practise number bonds to 10 using a tens frame. (See below)</li> </ul>
Health and Wellbeing	<ul style="list-style-type: none"> <li>Practice Yoga following this video <a href="https://www.youtube.com/watch?v=X655B4ISakg">https://www.youtube.com/watch?v=X655B4ISakg</a></li> </ul>	<ul style="list-style-type: none"> <li>Remember to eat your 5 a day. What fruit have you eaten today? If you ate grapes, how many grapes you ate? If you ate an apple or pear, did you eat the whole apple or half of it?</li> </ul>

### ACTIVE EVERY DAY (Activities found on internet)

Name	Equipment	Ages	Numbers
<b>Mr Men</b>	<b>4 x Cones for Marked Area</b>	<b>5 - 7</b>	<b>Any</b>
<p><u>Description:</u></p> <ul style="list-style-type: none"> <li>• You are now going to become the Mr Men or Little Miss characters. Ask an adult to call the name of a character and you have to move like him:               <ul style="list-style-type: none"> <li>○ Mr. Slow - move slowly.</li> <li>○ Mr. Rush = move fast.</li> <li>○ Mr. Jelly = shake your whole body.</li> <li>○ Mr. Muddle = walk backwards.</li> <li>○ Mr. Bounce = bounce!</li> <li>○ Mr. Small = crouch and move.</li> <li>○ Mr. Strong = move flexing your muscles.</li> <li>○ Mr. Tall = stretch up and move (good for stretching once the children's hearts are racing.)</li> <li>○ Mr. Tickle = wave around your arms in a crazy way.</li> <li>○ Mr. Happy = move around with big smiles on your face.</li> </ul> </li> </ul>			
<p><u>Safety Aspects:</u></p> <ul style="list-style-type: none"> <li>• Look out for stationary objects on the floor within the marked area</li> </ul>		<p><u>Variations:</u></p> <ul style="list-style-type: none"> <li>• Children can make up their own characters based in different adjectives</li> </ul>	

Name	Equipment	Ages	Numbers
<b>Ball Skills</b>	<b>1 x Ball Per Person</b>	<b>All</b>	<b>Any</b>
<p><u>Description:</u></p> <ul style="list-style-type: none"> <li>• Stay within the marked area. Ask an adult or sibling to give you the rules, these being:               <ul style="list-style-type: none"> <li>○ High = Ball thrown high</li> <li>○ Low = Ball thrown low</li> <li>○ Round = Ball rolled round the body</li> <li>○ Dribble = Player to move correctly with the ball (small kicks)</li> <li>○ Bounce = Bounce the ball on the spot</li> <li>○ Bounce forward= Bounce the ball moving forward</li> </ul> </li> </ul>			
<p><u>Safety Aspects:</u></p> <ul style="list-style-type: none"> <li>• Look out for stationary objects on the floor within the marked area</li> </ul>		<p><u>Variations:</u></p> <ul style="list-style-type: none"> <li>• Children can create their own instructions</li> </ul>	

## Activity 'Grow a seed' for Earth's Day

Let's join the charity 'Keep Scotland Beautiful' in their campaign 'Grow a seed'. Watch this video and get inspired!

<https://www.youtube.com/watch?v=JP93mjckhA&feature=youtu.be>

You can also follow their mantra:

#GrowASeed

Take a seed, any seed

Take a pot, any pot

Take some compost or soil

Take a seed, any seed (but a chickpea or a bean are usually easier to grow)

Pop the seed in the soil

Add water

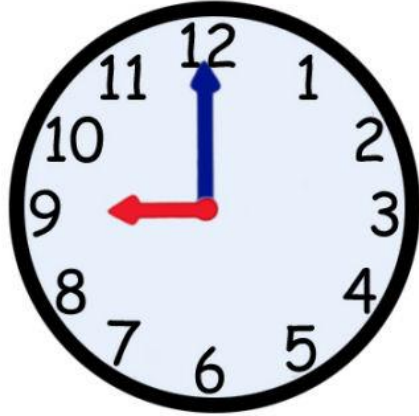
Wait, watch and nurture.

Steps to follow:

1. Choose your seeds.
2. Fill half of your plant pot with soil.
3. Sprinkle your seed onto the soil.
4. Put more soil over the seeds.
5. Dampen the soil with a watering can.
6. Set your plant pot by a window for sunlight.
7. Water your seed regularly.
8. Soon your plant will start to grow.

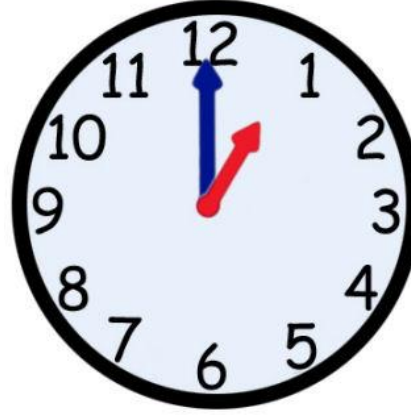


TIME



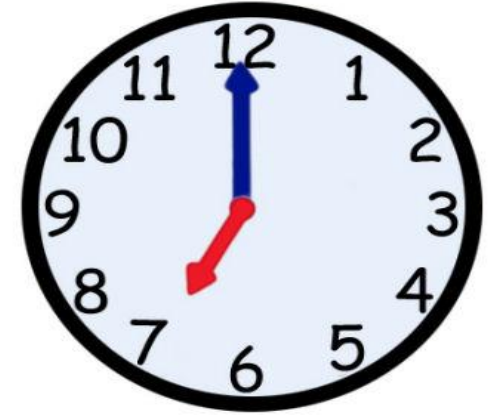
9 o'clock

In the morning, what are you doing at 9 o'clock?  
Draw a picture



1 o'clock

In the afternoon, what are you doing at 1 o'clock?  
Draw a picture



7 o'clock

In the evening, what are you at 7 o'clock?  
Draw a picture

Make your own tens frame and practice your number bonds. You will need counters or something that you can use as counters, I'm using stones and pasta.

1. I have 6 stones, how many macaroni I have to add to make ten?



2. I have added 4 macaroni to make ten. Well done!





### **On your marks, get set, bake!**

1. Heat oven to 180C/160C fan/gas 4.
2. Butter a 2lb loaf tin and line the base and sides with baking parchment.
3. Cream 100g softened butter and 100g caster sugar until light and fluffy, then slowly add 2 beaten large eggs with a little of the 240g flour.
4. Fold in the remaining flour, 1 tsp baking powder and 2 mashed bananas.
5. Pour into the tin and bake for about 30 mins until a skewer comes out clean.
6. Cool in the tin for 10 mins, then remove to a wire rack.

Write the correct sentence underneath by adding in capital letters and full stops.

1. my brother's dog is called toby

2. On Monday we will all play family games

3. maria visited the funfair yesterday in aberdeen.

4. My cousin sarah has a cat called Tom